



THE NETWORK

December 2021

Honoring Yesterday—Protecting Tomorrow

Vol. 52, No. 12

RESDC VIRTUAL HOLIDAY FEST 2021 WEDNESDAY, DECEMBER 8, 2021 AT 11 A.M. WHERE: VIRTUAL - VIA ZOOM CONFERENCING

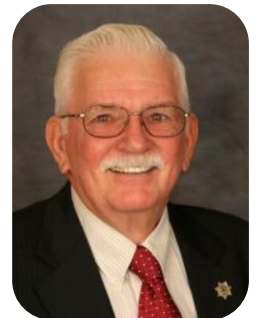
Due to ongoing issues surrounding the COVID-19 pandemic, we will not be hosting our regular Annual Holiday Luncheon. But as we have successfully “Zoomed” into the virtual presentation world, we are excited to be hosting a virtual holiday fest via Zoom.

We have put together a great program that can be seen by RESDC members nationwide. You must register in advance and you must attend the Zoom event to be eligible to win a variety of \$25 and \$50 gift cards as opportunity drawings.

For more details on how to access Zoom and to register for this great event, visit us at: www.resdc.net/events.

Program:

- Opportunities to win several \$25 and \$50 gift cards (must register and be present at Zoom event to win)
- First Vice President Chris Heiserman’s Welcome
- Entertainment from Andrew Steele
- Approval of the 2022 budget
- Ratification and oath of office for RESDC Board of Directors
- RESDC 2021 highlights
- A special keynote address from new SDCERA Board of Retirement Chair Skip Murphy



We hope to see you there! ☐



RESDC HOLIDAY SCHEDULE

The Retired Employees of San Diego County will be closed from December 24th through January 2nd. We will open again on Monday January 3rd at 9:00 a.m. We wish you all a happy and safe holiday season! ☐

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DECEMBER CALENDAR OF EVENTS

8—(Wed.) Virtual Holiday Fest, See page 1

Via Zoom Web Conferencing, 11:00 am

16—(Thurs.) SDCERA Board of Retirement

Meeting, 9:00 am

24-Jan. 2—RESDC Closed for Holidays

The RESDC Office will Reopen at 9:00 am on Monday, Jan. 3.

ON THE ROAD TO RECOVERY, WITH LESSONS LEARNED

By Chris Heiserman, 1st Vice President



We enter another holiday season still struggling to rid ourselves of the last vestiges of the pernicious pandemic. It was literally a national nightmare with tragic losses of American lives, massive job losses and social, economic, and educational upheaval for families.

We at RESDC are cautiously optimistic about 2022. We hope to witness a new “normal” next year that includes a return of popular in-person events like theater outings, RESDC Roundup receptions, and Days at the Padres and Races. We are planning to schedule a patriotic Flag Day Luncheon again in the spring, a comprehensive Health Fair Picnic with the traditional barbeque meal in the fall, and a gala face-to-face Holiday Luncheon in December.

When the COVID-19 shutdown changed everything around April 2020 our Board of Directors and staff initiated Zoom meetings and made plans to continue serving our members. We closed our office but made it possible for staff to work remotely to field phone calls and handle correspondence from members; we were determined to maintain the quality of content in our newsletter (*THE NETWORK*) and make sure it was prepared, printed and distributed to every member regularly.

Virtual RESDC a Success

Several members of our Board and our Executive Director, Mark Nanzer, were affiliated with other organizations staging zoom meetings in the early days of the pandemic. The County Board of Supervisors, local cities and other public agencies began having online sessions. RESDC discovered it could use Zoom Video Conferencing to make available to our members the same kind of informative material and presentations we usually schedule at bi-monthly meetings at actual locations throughout the region. A significant plus associated with these “travel-less” virtual events was many more individuals could participate, including members who have moved away from San Diego County.

Our first hour-long video presentation was on July 27, 2020 labeled a “lunch and learn” event on Elder Abuse

featuring Paul Greenwood, a retired San Diego County Deputy District Attorney who led the office’s Elder Abuse Unit for many years. Several dozen members attended the web presentation live, but the recorded video stored on the RESDC You Tube channel was later viewed 124 times.

We are proud to also be an official “Live Well” partner with the County’s Health and Human Service Agency (HHS). Several of the more than a dozen virtual presentations we have offered in the past year and a half have dealt with special topics of interest to retirees – like Aging and Independence services for the elderly, good mental health practices, “Medicines, Alcohol and Tobacco”, avoiding common scams that target seniors, etc. All of our video Zoom webinars are available on the RESDC You Tube channel, which was launched in August 2020 and has acquired more than 100 subscribers. A link to the You Tube channel is located prominently on our website at www.resdc.net.

In addition to looking forward to a return to in-person events next year, and re-connecting regularly with friends and former co-workers again, our Board of Directors and staff plan to incorporate the enhanced technical capabilities developed out of necessity during the pandemic into our future operations. Stay tuned for new changes and if you have ideas on how we can serve our membership more effectively, please let us know by email at: resdc@resdc.net or phone call (866 688-9229).

We feel that we’ve been resilient and proactive in the face of pandemic challenges. We are especially pleased that during these uncertain times we have forged a more collaborative working relationship with the San Diego County Employees Retirement Association (SDCERA) Board of Retirement and its staff led by new Chief Executive Officer Tracy Sandoval. This improvement is due in no small measure to the diligence of our RESDC Executive Director, Mark Nanzer, and President Stan Coombs, who has attended or monitored nearly every Board of Retirement meeting and kept us all up to date on COVID-19 issues in *THE NETWORK*.

We appreciate your membership and thank you for being part of RESDC. □

SDCERA

**SIGN SDCERA
DOCUMENTS ELECTRONICALLY**

Submitting forms to SDCERA is getting easier. Electronic signature is now available on some forms. No printing. No mailing. You can electronically sign forms like address changes, direct deposit changes, and beneficiary designations.

Visit www.sdcera.org for a list of forms available to sign online. For more information, call the SDCERA Member Service Center at 619-515-6800 or you can email them at: msc@sdcer.org. □



**SCHOLARSHIP
OPPORTUNITY**

**THEO AND EVELYN YAKEL
SCHOLARSHIPS—2022**

*By Carlos Gonzalez,
RESDC Scholarship Committee Chair*



The Theo and Evelyn Yakel Scholarships are available again this year from the Yakel Scholarship Fund through the San Diego Foundation. To be eligible, the applicant must be a high school senior, an American citizen, and must plan to attend a two-year or four-year college in the United States. The scholarship must be used for

tuition, books, or fees. All children, grandchildren or great-grandchildren of a RESDC member may be eligible to apply for the Yakel Scholarships.

The two-month application period opens December 1, 2021 and closes February 2, 2022, at 2:00 p.m. Applicants should go to www.sdfoundation.org and fill out the Common Scholarship Application to be considered for the Theo Yakel Scholarship as well as other scholarships they might qualify for. For further information, please call the San Diego Foundation at (619) 814-1343.

A sponsor certification letter verifying that the sponsor (parent, grandparent, or great-grandparent) is a RESDC member must be attached to each application filed. This document can be obtained by calling the RESDC office at (866) 688-9229 or sending an e-mail request to resdc@resdc.net. The foundation requires this document be verified and signed by a RESDC staff member and will not accept an application without this document.

PLEASE NOTE: All eligible high school seniors ARE ALLOWED to apply for both the Yakel and the RESDC Scholarships. Details concerning the RESDC Scholarship Program will be in the January issue of THE NETWORK. □

QUOTE OF THE MONTH

There are no secrets to success. It is the result of preparation, hard work, and learning from failure.

- Colin Powell



2022 RESDC BUDGET

The following 2022 RESDC budget was prepared by Executive Director **Mark Nanzer** and Treasurer **Frank Bittner**. The budgeting process includes reviewing annual budget vs. actual amounts to ensure budgeted costs are in line with Board approved policies and ongoing administration of daily RESDC activities and events coordination. Additionally the budget is reviewed by the RESDC Audit committee and was approved by the Board of Directors at its October 2021 meeting. □

2022 BUDGET SUMMARY

The budget proposal below will be voted on by the General Membership at our Annual Meeting (Holiday Fest) on December 8, 2021.

REVENUE	
Candy Sales	8,500
Dividends	4,200
Dues	351,412
General Membership Meetings	17,955
Scholarship Donations	750
TOTAL REVENUE	\$382,817
DISBURSEMENTS	
Personnel Related	
Salaries & Related Expenses	202,180
Professional Services	5,800
Non-Personnel Related	
Operational Reserve	1,500
Business Expenses	1,490
Candy Purchases	7,800
Conferences/Meetings	8,000
Dues & Subscriptions	4,200
General Membership Meetings	27,605
Insurance	4,600
Office Supplies	2,500
Postage & Shipping	1,300
Printing & Copying	53,292
Professional Development	250
Recruitment	1,750
Scholarships	10,750
Telecommunications	4,500
Utilities	750
Facility & Equipment	
Equipment Purchase & Service	980
Rent	37,090
Computer	6,480
TOTAL DISBURSEMENTS	\$382,817

RECENT EVENTS

- ❖ **Op-Ed: Retirement Is Expensive. Here's Why Pensions Can Help.** In this piece for Forbes, National Institute on Retirement Security (NIRS) Director Dan Doonan makes a case for pensions as the solution to America's looming retirement security crisis. While this crisis is partly due to a gradual switch over the last few decades from defined-benefit pensions to defined-contribution plans, a globally aging population is also part of the issue. Doonan cites research from a new report from the Healthcare of Ontario Pension Plan (HOOPP) called The Value of a Good Pension to support his stance. Pensions work as an efficient vehicle for retirement security in three ways: "saving income earned while working for future use in retirement, growing these savings through productive investment, and converting these savings into a reliable stream of post-retirement income."

To access the Op-Ed, visit:
www.forbes.com/sites/dandoonan/.

- ❖ **Issue Brief: What Resources Do Retirees Have for Long-Term Services and Supports?** The Center for Retirement Research at Boston College recently released the first brief in a three-part series that concluded that about 20% of retirees will escape the need for LTSS and 80% will need at least a year of part-time support – with around a quarter requiring full-time support for several years. This brief, the second in the series, explores the extent to which retirees' financial and non-financial resources together could meet different levels of care needs.

The brief's key findings include:

- A growing concern is whether retirees will be able to meet future needs for long-term care without exhausting their resources.
- The analysis estimates how much support retirees could get from their family and financial resources and compares this amount to different levels of care needs.
- The results show that about one-third of retirees do not have the resources to afford even minimal care and only about one-fifth could cover severe needs.
- Not surprisingly, those who are married, better educated, and white have more resources for long-term care.
- To identify which people may have unmet needs, a subsequent brief will address whether those who will need care are the same ones who have the resources.

To access the brief visit:
<https://crr.bc.edu/category/briefs/>. □



PURCHASE SEE'S CANDIES GIFT CARDS ONLINE

You can now purchase See's Candies gift cards in our new Online Store using your RESDC discount!

RESDC members are offered \$25 gift cards for \$22, a savings of \$3. Gift cards are redeemable at any See's Candies location or online.

To purchase gift cards online, go to: resdc.wildapricot.org/online-store. We can only accept credit cards to purchase gift cards online. You may not purchase more than ten gift cards in one transaction.

Note: You need a RESDC member self-service login in order to access the online store. If you need one, please email resdc@resdc.net.

RESDC members are entitled to a **10% group discount on selected items** at the two **See's Discount Stores: 3751 Rosecrans Street, San Diego, 92110; and 1830 Marron Road, Carlsbad, 92008**. You must ask the See's sales team which items are selected. You need to show them your RESDC membership card for the discount. Be sure to mention that you are a member of Retired Employees of San Diego County. Occasionally a RESDC member is denied the discount by a clerk at these See's stores. When this happens, be sure to clarify that you are not an active County employee, but you're a member of RESDC. The county no longer participates in the See's group discount program. If you're still refused a discount, ask to speak to a store manager.

The gift cards are redeemable at any of the See's retail stores and for online purchases.

If you would like to purchase gift cards through the mail from RESDC, please address an envelope to RESDC, 8825 Aero Drive, Suite 205, San Diego, CA 92123. Enclose a check made out to RESDC for the number of gift cards you would like at **\$22 for each gift card**. Be sure to include postage stamps so we can mail the gift cards to you. Enclose one postage stamp if purchasing less than five gift cards. If purchasing over five gift cards enclose 78 cents of postage. If purchasing over nine gift cards enclose 98 cents of postage. See the postage chart at: www.resdc.net/sees-candies-discount. We will supply the return envelope to put the gift cards into. □



In Memoriam



Alex Abarca	Superior Court
Doris Ailshie	
Nancy Ashe	HHSA
Anitra Bascom	HHSA
Louis Boyle	District Attorney
Beverly Bradford	
Michelle Cleo Bruce	Medical Examiner
Stella Caldwell	Planning & Land Use
Barbara Carter	Parks & Recreation
Ronald Coca	Chief Admin Officer
Paul Cornell	
Charles Derosé	Sheriff
Bruce Falconer	Sheriff
Aurora Frame	District Attorney
Charles Genovese	Environmental Health
Rhea Goot	HHSA
Carolyn Grant	HHSA
Larry Hammers	Sheriff
Rick Harmon	Facilities Management
Dorothy Hauer	Sheriff
Marivel Hernandez	HHSA
Helen Holten	
Leora Isbell	
Roger Jacobs	
Dorothy Jenkinson	
Archie Julian	HHSA
William Kelly	Auditor & Controller
Elyse Keon	Environmental Health
Vivian Locke	
David Lodge	Medical Examiner
Robert Luke	Sheriff
Randall Magnuson	Superior Court
Margaret Marsh	HHSA
Jeffery Moffett	Probation
Herlinda Newton	HHSA
Antonio Padilla	Sheriff
Charles Perkins	HHSA
John Plum	
John Poon	Public Works
Romeo Quini	Sheriff
Paul Sellers	HHSA
Saichai Sihapong	Treasurer Tax Collector
Ina Smith	
Jean Sturges	Sheriff
Jeffry Swiney	Public Works
Nicolo Vaiasuso	Sheriff
William Wagner	
Tommy Watkins	General Services
George Wilkins	Public Works

MEMBER PRIVACY

Any retiree or surviving spouse who does not want his/her death notice published in the "In Memoriam" column may notify the RESDC office and your privacy will be maintained.

The Surviving Spouse of a RESDC member is eligible for RESDC membership. For enrollment assistance, please call (619) 688-9229. □

ASSOCIATION OFFICERS

President.....Stan Coombs
 1st Vice Pres.....Chris Heiserman
 2nd Vice Pres....Janel Pehau
 Secretary.....Carlos Gonzalez
 Treasurer.....Frank Bittner

ASSOCIATION DIRECTORS

Leila Attar, Chuck Brown,
 Dolores Diaz, John McTighe
 Merrill Roach, George Shoemaker
 Bruce Silva, Bob Summers

EXECUTIVE DIRECTOR

Mark Nanzer

OFFICE STAFF....Marge Elmendorf
Karen Hazel
Andrew Steele

NETWORK EDITOR....Karen Hazel

RESDC Office Email Address:

resdc@resdc.net



WELCOME NEW MEMBERS

Cynthia Balistreri	Medical Examiner
Christine M. Buckmaster	Library
Joann Celeste	Sheriff
Cheryl A. Cruz	Board of Supervisors
Linda L. Dreher	District Attorney
Josephine E. Frelke	HHSA
Estella Gaines	Public Defender
Esmeralda A. Sarmiento	District Attorney
Michael Teays	
Almadelia Torres	HHSA
Jeanette M. Ziomek	HHSA



**First Day Of Winter
 December 21st!**





Office Hours: 9 a.m. to 2 p.m. Monday through Friday.

Telephone: (866) 688-9229 Toll Free

Fax: (619) 688-0766

Email: resdc@resdc.net

Website: www.resdc.net

 @RetiredEmployeesofSanDiegoCounty
 @RESDC

THE NETWORK is the official monthly newsletter of the Retired Employees of San Diego County, Inc. (RESDC), a private non-profit organization.

Business and Inquiries: Business matters and address changes may be recorded on the office voice mail at any time, call (866) 688-9229. Please spell your last name so the correct member record can be located.

The information printed in *THE NETWORK* is believed to be from reliable sources. However, no responsibility is assumed by *THE NETWORK* for inaccuracies contained herein.

Retired Employees of San Diego County, Inc.
8825 Aero Drive, Suite 205
San Diego, CA 92123

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APPLICATIONS OPEN FOR NEXT YEAR'S GRAND JURY

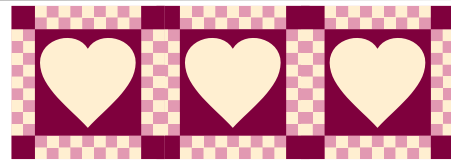
Looking for a meaningful way to make a difference in the future of San Diego County? Why not consider serving a year on the 2022-23 County Grand Jury. The 19-member Grand Jury serves a minimum of six hours a day four days a week from July 1, 2022, to June 30, 2023. The jurors investigate the operations of governmental programs of the County, cities and special districts and make recommendations to improve their performance.

Applications may be submitted to the Office of the Jury Commissioner between November 9, 2021, and January 14, 2022. The application form says they are seeking individuals with a flair for research and a desire to insure good government in San Diego County. Applicants must be U.S. citizens at least 18 years old with ordinary intelligence, sound judgment, good character, and knowledge of the English language.

A list of qualified candidates will be assembled, and each Superior Court Judge may nominate up to six people for jury service. In June a random drawing will be held to select a pool of 30 names, then the names of 19 people will be drawn at random to compose the grand jury. The remaining 11 names will become alternates.

Grand Jurors are paid per diem based on actual days worked (currently \$25 per day) and provided free parking and mileage reimbursement. For more information, contact the Office of the Jury Commissioner at (619) 685-6667 or visit this website:

<https://www.sandiegocounty.gov/grandjury/> . □



BITS AND PIECES

Kathy Greco and **Sherry Schadeck**, sisters, and both retired from HSA Foster Care just returned from a four week driving trip with two other sisters. They traveled from Boston to the Florida Keys, New Orleans, Niagara Falls, and back to Massachusetts. They travel together every year, driving through Ireland, river cruises in Europe, and more. Next year they will travel to Switzerland, Oberammergau, Germany, Poland, and Russia.

Bob Miller retired from Public Works in 1999. He just celebrated his 80th birthday in October! Bob and his wife, Jo, live in Prescott, Arizona now and love to travel and visit with friends all over the country. They also love taking walks and gardening. □

PENSION FACTS AT A GLANCE

37% and 42%

Among elderly Social Security beneficiaries, 37% of men and 42% of women receive 50% or more of their income from Social Security.