



2023 RESDC HEALTH FAIR PICNIC

Wednesday, October 25, 2023, 10:00 am—1:00 pm

Lunch Served 11:30 am—12:30 pm

Admiral Baker Field

2400 Admiral Baker Rd, San Diego 92124

What: Resource booths, picnic lunch, and opportunity drawing. This is an outdoor event. Information will be available about: Ameritas Dental, Cigna Dental, Pacific Group Agencies, Inc., San Diego County Credit Union, Nationwide and My Senior Health Plan.

Menu: Barbecued beef, green beans, baked beans, fruit, coleslaw, rolls, beverages, and dessert

Registration: EVERYONE, INCLUDING MEMBERS, MUST REGISTER IN ADVANCE.
This ensures we order enough food for everyone Thank you for your cooperation!

THIS EVENT IS FREE TO RESDC MEMBERS AND THEIR GUESTS.

Registration must be received in the RESDC office by Friday, October 13, 2023. Name badges and opportunity drawing tickets should be picked up at the Check-In table. They will not be mailed. **No pets are allowed at Admiral Baker Field except Service Animals. No smoking or vaping.**

Choose Registration Method:

Register by Phone: Call the RESDC Office at (619) 688-9229 during our hours of 9 am - 2 pm Mon-Fri.

Register by Mail: Fill out the form below. Mail form to RESDC, 8825 Aero Dr., Suite 205, San Diego, CA 92123.

Register Online: Go to www.resdc.net/events and click the green "Register" button. To add another RESDC member, please call RESDC at (619) 688-9229.

Health Fair Picnic Registration Form

RESDC Member Name(s): _____

Department: _____ Date Retired: _____

Phone: _____ Email: _____

Non-Member Name(s): _____

of RESDC Members: ____ (FREE)

of Non-Members: ____ (FREE)